

INFOPACK

TAKE AN ACTION

Erasmus+ Mobility of Youth workers

Organized/hosted by Ananda Marga Denmark

November 12th to 23rd, 2021

Information Pack:

1. General information
2. Accommodation
3. Travel Information
4. What to bring
5. Confirmation



1. General information

1.1. Timeline

Arrival date: November 12th

Departure date: November 23rd

Please respect these dates of arrival and departure. If you need to come earlier or leave later, please send us an email to rubenbiolec@gmail.com.

It is mandatory to attend the event from the first day to the last one.

1.2. Venue

Ananda Gaorii is an Ashram, eco-farm and learning center for sustainability. The Ashram is located one hour away from Copenhagen and is surrounded by 13 hectares farmed as organic for the last 20 years. Most of the property consists of grasslands. A part of that, there are a vegetable garden, a fruit orchard, an herbal garden and six beehives.

For more information, look at:

<http://www.anandagaorii.dk/>

<https://www.instagram.com/anandagaorii/>

<https://www.facebook.com/AnandaGaorii>

1.3. Contact details

Giancarlo's cell phone: +39 3467068197

Rubén's cell phone: +45 52785933

2. Accommodation

Take an action will take place in Ananda Gaorii facilities. During our stay we will be sleeping in common bedrooms. It is necessary that your bring sheets and sleeping bag.

The facilities provide us with kitchen to cook our daily meals, which are vegan and mostly organic. If you have any allergies or intolerances, please inform us about it on time, so we can plan ahead. Given that this is an Ashram, we do not allow smoking or drinking alcohol on the project site. It is our home and sacred space and we like to be respected.

There is internet access at the site. However, we expect you to connect with the locals and nature.

3. Travel Information

Our farm is located 90 km west from Copenhagen, on Zealand.

Closed airport: Copenhagen

Closed train station: Vig st.

Travel durations:

Copenhagen airport - Holbæk - Vig = 2 hours
aprox.

We can arrange pick up by car from Vig station. However, it is necessary to fill in a spreadsheet with estimated landing arrival and write/call when you catch the local train from Holbæk st to Ruben (+45 52785933). There is 30 minutes ride from Holbæk to Vig.

4. What to bring

- Notebook and pen
- Own stationary
- Towel for shower

- Toiletries: please bring eco-friendly, 100% biodegradable and not tested on animal soaps and shampoos.
- Camera
- Any other material that would help you through the activities.
- Good shoes for forest walk
- Rain jacket
- Warm clothes
- Indoor shoes

5. Confirmation

The non-profit organization “Ananda Marga” is the organizer of this Erasmus+ Mobility. EU covers food & lodging, travel costs, teaching fees.

The Ashram staff, the facilitators Giancarlo and Ruben and volunteers are looking forward to receiving you in
November!

